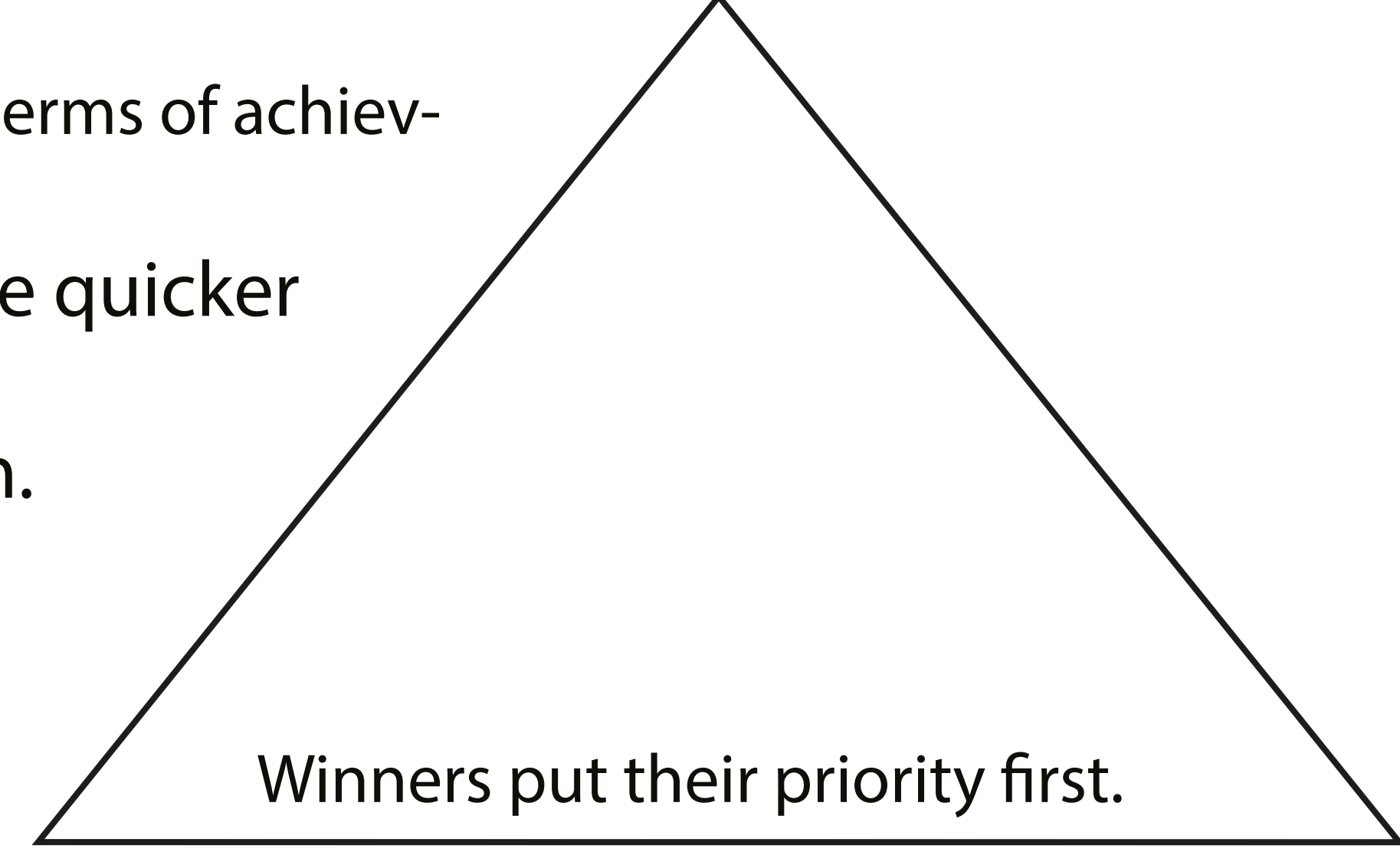


Priority = Highest Impact

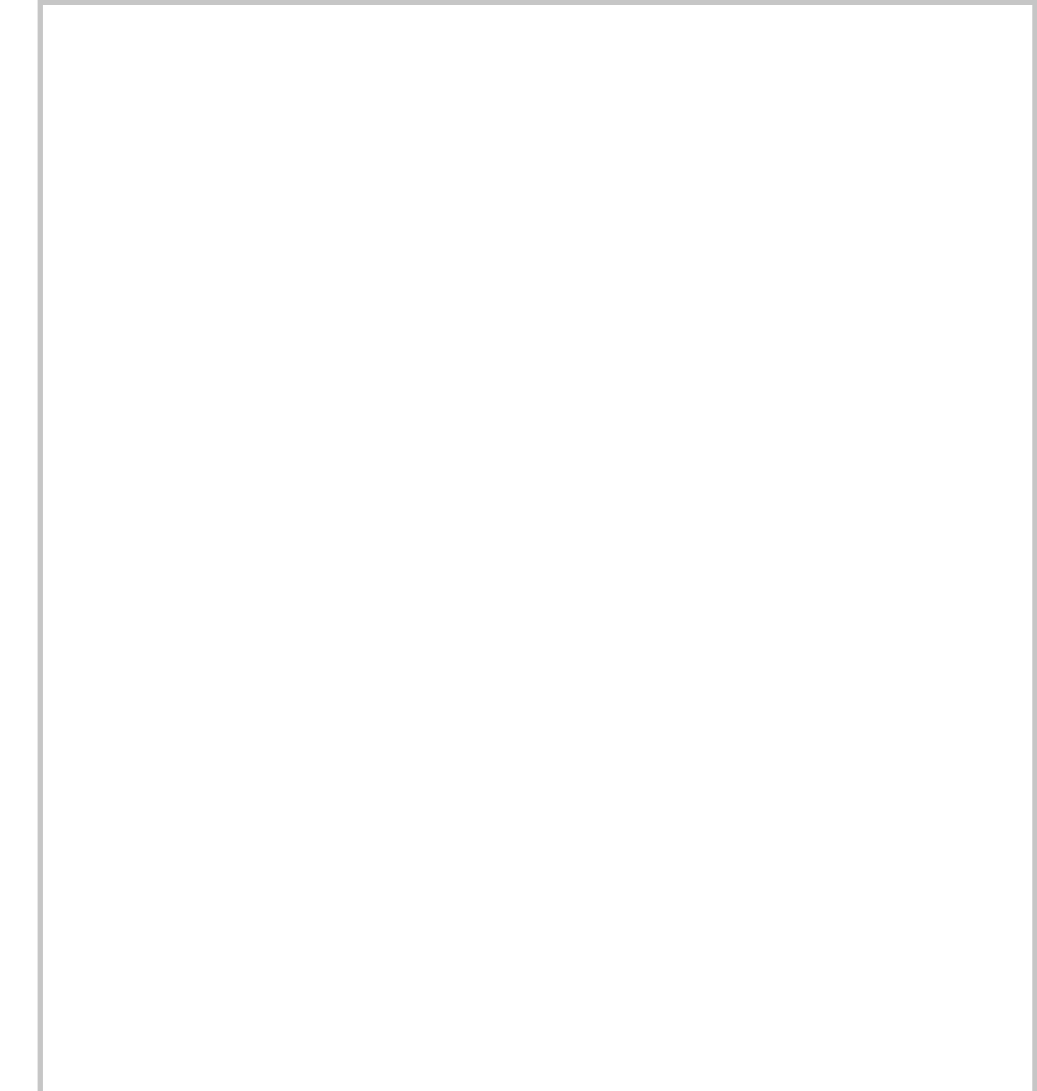
What is the one priority in your life? The more you put your priority first in terms of achieving your goals, the the quicker you will achieve them.



Guideline for Super Success

Picture

of YOURSELF with the expression the felling of excitement, focused, certainly, strongly seeing your vision happening.



Questionloop

What are the questions you have to ask yourself to get the vision that you truely desire? Remind yourself to stay on track. „Are I am on the road to Super Success?“ „Are I am happy?“ „What can I improve?“ „What to most important/impactful for achieving my goals?“

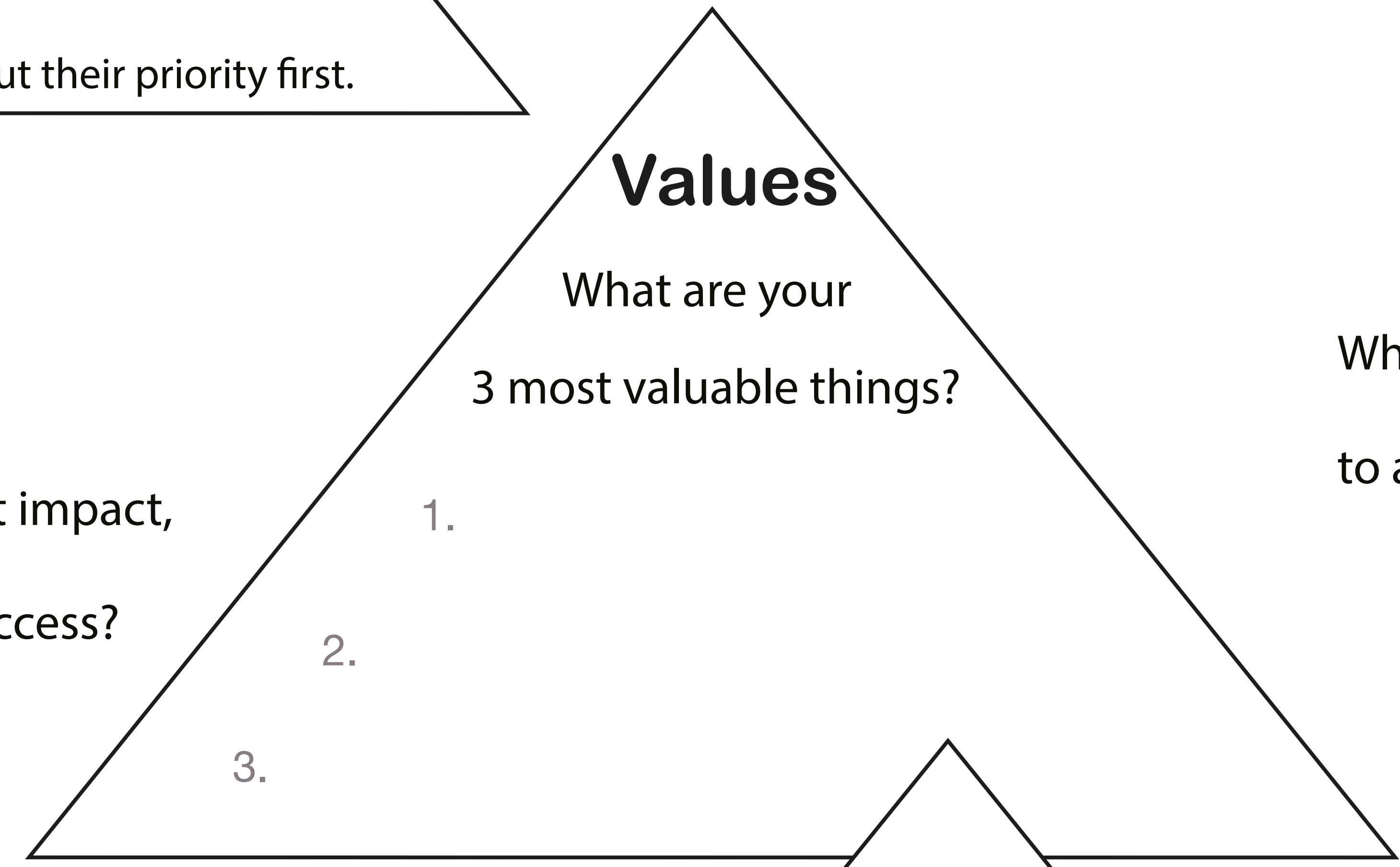
Beliefs

Which beliefs give you the highest impact, in terms of realisation of Super Success?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Values

What are your 3 most valuable things?

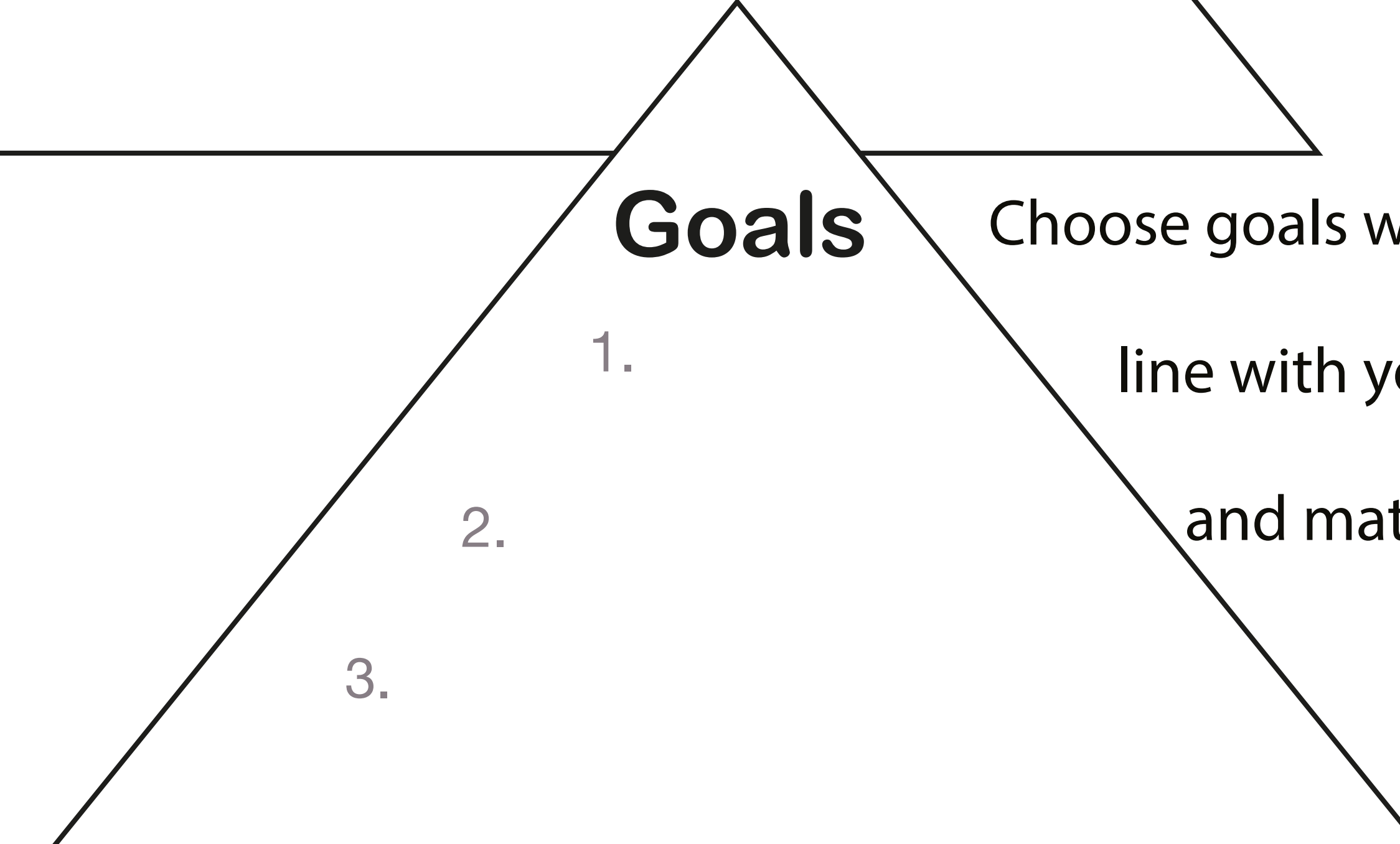


What is your minimum? Which behaviour, quality rules do you need to achieve your dream?

Standards

Goals

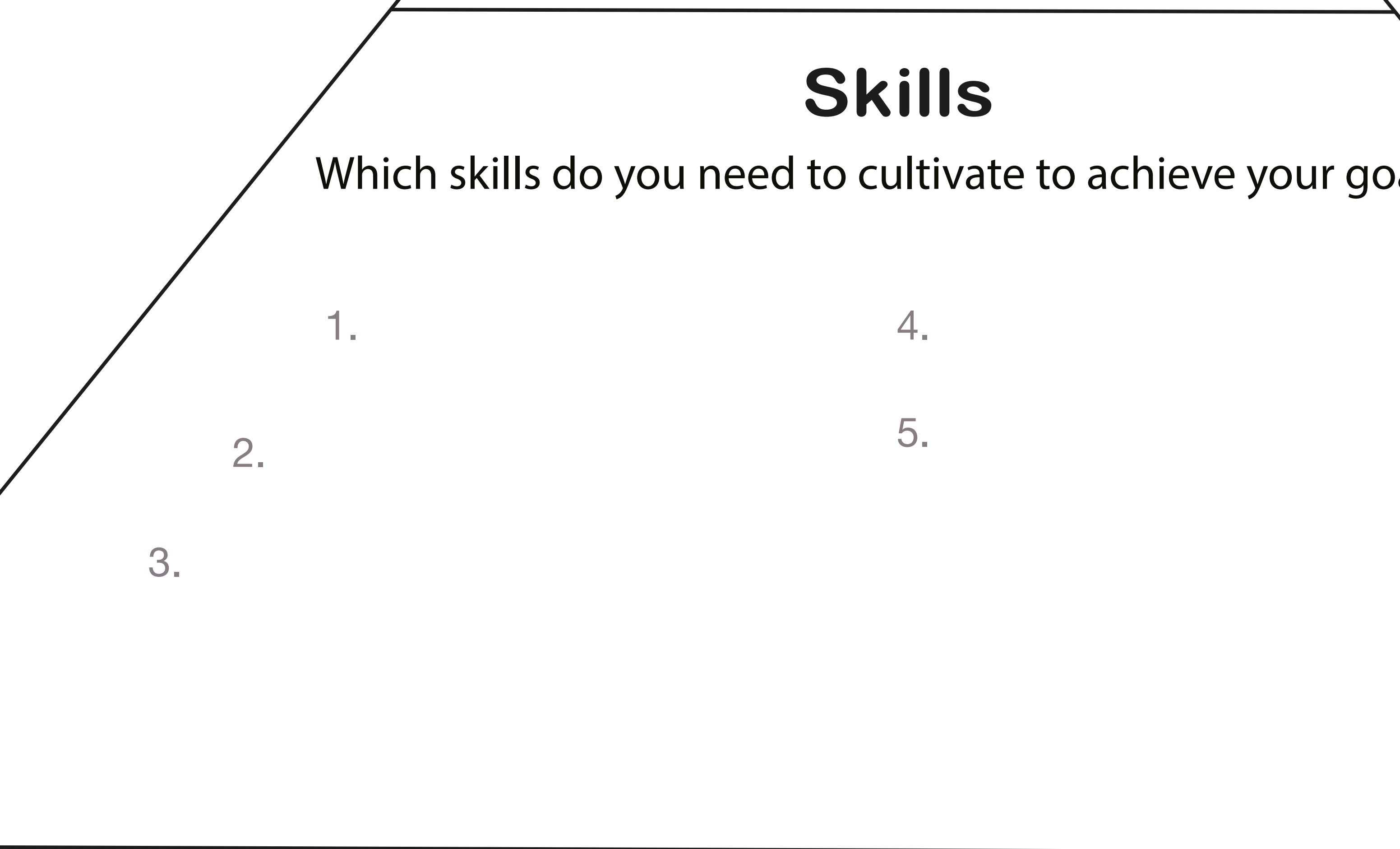
Choose goals which are in line with your values and matter most?



- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Skills

Which skills do you need to cultivate to achieve your goals?



Commitment

Express your commitment in 3 lines, short and specific.

- 1.
- 2.
- 3.

Vision

Which long-term vision keeps you excited & sharp? „Which place?“ „With who?“ „What doing?“



Mood Changers

How can you improve you mood? What are your methods?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Nutrition & Health

Is your Super Success related to nutrition and healthpatterns?

- 1.
- 2.
- 3.
- 4.
- 5.

