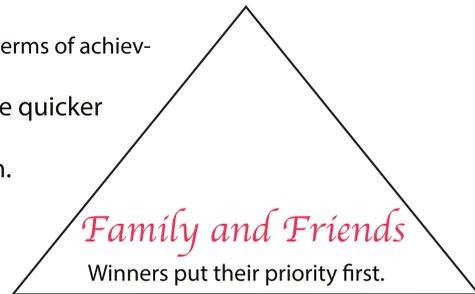


Priority = Highest Impact

What is the one priority in your life? The more you put your priority first in terms of achieving your goals, the the quicker you will achieve them.



Guideline for Super Success

Picture



of YOURSELF with the expression the felling of excitement, focused, certainly, strongly seeing your vision happening.

Questionloop

What are the questions you have to ask yourself to get the vision that you truly desire? Remind yourself to stay on track. „Are I am on the road to Super Success?“ „Are I am happy?“ „What can I improve?“ „What to most important/impactful for achieving my goals?“

- What is my maximal potencial / capacity?*
- How I can break my limit? Is someting limiting?*
- Can I be more consequent / effective? #80/20 #64 #Timehorizon*
- What can I improve next? Do I need fun? Are I am excited?*
- How are you? How is your physical / mental / spirituell and social health? Are you happy? Do you need to change something?*

Beliefs

Which beliefs give you the highest impact, in terms of realisation of Super Success?

1. *Grateful for problems.*
2. *Super Success is necessary to realise my dream.*
3. *With Super Success I can achieve anything.*
4. *Self-Love-Respect-Confidence = Success*
5. *One can change the universe.*
6. *Long-term is key.*
7. *Law of attraction*
8. *Flow = Creativity*

Values

What are your 3 most valuable things?

1. *Family and Friends*
2. *Super Success*
3. *Travelling*

Standards

What is your minimum? Which behaviour, quality rules do you need to achieve your dream?

1. *Follow my rules.*
2. *Relaxed, happy & enjoying life.*
3. *I simplify.*
4. *I cultivate skills long-term.*
5. *I know specificly what I want.*
6. *I use my time.*
7. *I love walking the extra mile.*
8. *I think big.*

Goals

Choose goals which are in line with your values and matter most?

1. *Super Success Lifestyle*
2. *Travel around the globe*
3. *Take you on my journey.*

Skills

Which skills do you need to cultivate to achieve your goals?

1. *Entrepreneur*
2. *Content Creator 360°*
3. *Programmer*
4. *Mastermind*
5. *Engineer*

Commitment

Express your commitment in 3 lines, short and specific.

1. *I will do whatever it takes to live Super Success everyday.*
2. *I walk the extra mile with a smile.*
3. *I show my passion and enjoy the journey, staying in the now.*

Vision

Which long-term vision keeps you excited & sharp? „Which place?“ „With who?“ „What doing?“



Mood Changers

How can you improve you mood? What are your methods?

1. *Boogy with nice music*
2. *Laughing loud*
3. *Cold-bath 3min*
4. *Yoga*
5. *Fitness*
6. *Wim Hof Breath*
7. *Walking in the nature*
8. *Hangout with Family and Friends*

Nutrition & Health

Is your Super Success related to nutrition and healthpatterns?

1. *Nutrition Rules.*
2. *Detox.*
3. *Habitplan*
4. *Learn everyday.*
5. *Break a sweet.*

